NOVANM

DIMANCH	LENDI	MADI	MEKREDI	JEDI	VANDREDI	SAMDI
1 **Nou fèmen**	2 **10-11am** Baby Cafe **5-7pm** Parenting Journey	3 **4:30-6pm** Vinn Jwe avek fanmiw	4 **5-7pm** Nurturing Families	5 **3:30-5** Rainbow Club	6 **12-1:30pm** Feel Good Friday	7 **Nou fèmen**
8 **Nou fèmen**	9 **10-11am** Baby Cafe **5-7pm** Parenting Journey	10 **4:30-6pm** Espas pou marasa	11 **5-7pm** Nurturing Families	12 **12-1:30** Attendance Matters **3:30-5** Rainbow Club	13 **12:30-2pm** Caregiver Crafternoon	14 **9-11am** Open Office Hours
15 **Nou fèmen**	16 **10-11am** Baby Cafe **5-7pm** Active Parenting 0-5	17 **4:30-6pm** Vinn Jwe avek fanmiw	18 **9-5pm** Ranmase Manje ak Kouchèt **5-7pm** Nurturing Families	19 **3:30-5** Rainbow Club	20 **10am-11:30** Grandparents Raising Grandchildren **12:30-5pm CLOSED**	21 **9-11am** Rekipere Panye Thanksgiving
22 **Nou fèmen**	23 **10-11am** Baby Cafe **4-5pm** DadLink (Virtual) **5-7pm** Active Parenting 0-5	24 **4:30-6pm** Espas pou marasa	25 **5-7pm** No Extended Program	26 **Nou fèmen**	27 **Nou fèmen**	28 **Nou fèmen**
29 **Nou fèmen**	30 **10-11am** Baby Cafe **5-7pm** Active Parenting 0-5					

REKIPERE PANYE THANKSGIVING

If you are interested in any of our upcoming events or services listed below, please contact us.

Orè de operasyon

Lendi jiska Vandredi: 9è dimatèn - 5è aprèmidi

Madi, Mèkredi, Jedi

Pwogram pwolonje jiska 7è diswa

Samdi: Randevou oswa evènman sèlman

FRC Staff Contacts

Deborah Cosgrove - Program Director
dcosgrove@oldcolonyymca.org

Lynn Furtado - Program Manager
lfurtado@oldcolonyymca.org

Megan Barlow - Clinician
mbarlow@oldcolonyymca.org

Michelle Rini - Family Support Worker
mrini@oldcolonyymca.org

Carla Voltaire - Family Support Worker
cvoltaire@oldcolonyymca.org

Sydney Williams - School Liaison
swilliams@oldcolonyymca.org

Erika Cosgrove - Family Engagement Ambassador
ecosgrove@oldcolonyymca.org

General Email:
AttleboroFRC@oldcolonyymca.org

Lòt Sèvis FRC

Referans Sante Mantal
Navige Sistèm Lekòl yo
Koneksyon ak Resous Kominotè
Koneksyon ak Resous Kominotè yo
Sipò pou Aplikasyon pou Èd Finansye

774-203-1516

29 North Main Street
Attleboro, MA 02703

Family Resource Centers

También tenga en cuenta que los MARTES entre las 12:00 y las 2 pm la oficina estará cerrada por reunión del personal.

Youth Programs

Rainbow Club

Safe, casual, and supportive space for ages 10-18 to connect, unwind, and build community. Whether you want to join in on fun activities like board games, arts and crafts, and movies, or just need an affirming space to hang out and be your authentic self, you are welcome here. No labels or expectations required—just show up as you are!

Tween Scene

A fun, welcoming space for ages 9-12 to relax, make friends, and build social-emotional skills through games, creative activities, and conversation.
Contact Sydney if interested

Tout Manm Fanmiw

Yon nwit pou jwe ak fanmiw

Vini jwenn nou pou yon sware amizman, ri, ak koneksyon! Sware Jwèt Fanmi an se yon chans pou fanmi yo dekonekte ak elektwonik epi jwi jwèt klasik ak nouvo ansanm nan yon anviwònman akeyan, santre sou kominote a. Tout laj yo akeyi.

Baby Cafe

Timoun ak fanmi group jwet pou fanmi pou konekte jwe,0 ak12 mwa. separe experyans, e konstwi kominote nan yon fason byenvini e suportan.

Thanksgiving Basket Pick Up

KANTITE LIMITE - OU DWE ENSKRI
Ane sa a, n ap distribye yon kantite limite panye pou fèt Thanksgiving ki gen ladan yo asyèt akonpayman pou ede konplete repa fèt ou a. Panye yo gen ladan yo akonpayman sèlman - nou pap bay kodenn.

Sipò pou moun kap bay swen yon timoun

Attendance Matters

Looking for support with your child's attendance? Through discussion and activities, you will leave the workshop with knowledge about chronic absence and practical strategies to manage barriers to attendance. This is a virtual group. Contact Megan for the registration link.

Feel Good Friday

Get ready to go into the weekend feeling your best! Come into Feel Good Friday for mindfulness and self care workshops.
Contact Megan if interested.

Grandparents Raising Grandchildren (GRG)

Are you a grandparent feeling like you are all alone in this journey? You are not alone! Come join and share with other grandparents raising grandchildren. *Contact Lynn if interested.*

Parenting Journey

12 week parenting course to build confidence, manage stress, explore positive parenting practices and strengthen family relationships

Nurturing Families

supports parents and caregivers in building stronger relationships with their children through positive communication, nurturing discipline, and healthy family practices.

Caregiver Crafternoon

Whether you bring something from home or try a new craft provided each session, this is a space to unwind, share, and create in community. Contact Sydney if interested.

DadLink (Virtual)

DadLink is a monthly, virtual drop-in time for dads and father figures to check-in and get the support they are looking for. Contact Megan if interested.

Active Parenting 0-5

Active Parenting 0-5 is a parenting education program designed to help parents and caregivers raise confident, cooperative, and resilient young children from birth to age five.

Rekiperasyon Manje ak Kouchèt Chak Mwa:

Mèkredi, Novanm 18th

Ou dwe enskri anvan dezyèm mèkredi nan mwa a.

Take our survey and let us know how we're doing!

SCAN ME