NOVEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1 CLOSED	2 YOUTH GROUP 4-6PM	3 M.A.L.E. MENTORING 4-6PM	4 CARDS FOR VETS FAMILY NIGHT 4:30-6	5 RAFT APPLICATIONS 12-4 PM	6 PARENT ROUNDTABLE 10-11:30AM	7 OFFICE HOURS 10-12
8 CLOSED	9 YOUTH GROUP 4-6PM	10 M.A.L.E. MENTORING 4-6PM	11 GRG 11-12:30PM 	12 FAMILY FUN NIGHT 4:30-6	13 PARENT ROUNDTABLE 10-11:30AM	14 COMMUNITY AUTISM RESOURCE FAIR 10-2
15 CLOSED	16 ACTIVE PARENTING 0-5 4-6PM YOUTH GROUP 4-6PM	17 M.A.L.E. MENTORING 4-6PM	18 FOOD PANTRY PICKUP	19 FATHER'S SUPPORT GROUP 4:30-6PM	20 PARENT ROUNDTABLE 10-11:30AM FRC CLOSES AT 1PM	21 CLOSED
22 CLOSED	23 ACTIVE PARENTING 0-5 4-6PM YOUTH GROUP 4-6PM	24 M.A.L.E. MENTORING 4-6PM	25 GRG 11-12:30PM	26  CLOSED	27 CLOSED	28 CLOSED
29 CLOSED	30 ACTIVE PARENTING 0-5 4-6PM YOUTH GROUP 4-6PM					

CAREGIVER SUPPORT

GRANDPARENTS RAISING GRANDCHILDREN (GRG)

For grandparents & kinship raising children to come together to learn about resources and make social connections. Every second and fourth Wednesdays. Lunch is served. To register contact Britany.

FATHERS SUPPORT GROUP

A welcoming and supportive space for fathers to connect, share experiences, and support one another. To register or for more info contact Gabriel.

PARENT ROUNDTABLE

An opportunity to build skills and connect with others through discussions, self-awareness, activities, and being a parent. Think of it as a weekly self-care in paradise while building a support system. To register contact Sade.

WHOLE FAMILY

FAMILY NIGHTS, NOVEMBER 4TH AND 12TH

Join us on Nov. 4th as we write and decorate cards for veterans and on Nov. 12th for Thankful Craft Night. Dinner will be provided. Registration required by calling our main line.

YOUTH SUPPORT

M.A.L.E. MENTORING

This is a safe and fun space for adolescent males ages 13-18 to connect and learn about opportunties for young adulthood. Call or email Gabriel to register.

YOUTH GROUP

This is a safe and supportive space where youth ages 13-17 can hang out, talk about real-life stuff, play games, do activities, and make new friends. To register contact the main line.

PARENTING CLASSES

ACTIVE PARENTING 0-5 YEARS

This evidence-based parenting class is a 5-week session designed to support parents of children ages zero to five. To register, contact Britany

MONTHLY FOOD PANTRY

WED. NOV. 18TH

YOU MUST REGISTER BY

MON. NOV. 9TH

SCAN ME

PLEASE NOTE THAT THE OFFICE IS CLOSED BETWEEN 1-3PM FOR STAFF MEETING ON MONDAYS

TAUNTON FAMILY RESOURCE CENTER

37 MAIN ST. TAUNTON, MA. 774-501-2633

HOURS OF OPERATION

MONDAY-FRIDAY 9-5

WITH EVENING EVENTS EVERY MONDAY, TUESDAY AND ALTERNATING WED AND THURS

FRC STAFF CONTACTS

DONNA FOSTER X101

DFOSTER@OLDCOLONYYMCA.ORG

ENGAGEMENT AMBASSADOR

SADE SINOUS X105

SSINOUS@OLDCOLONYYMCA.ORG

CLINICIAN

CINDY ANGERVIL X107

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FAMILY SUPPORT WORKER

GABRIEL PEREZ X108

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SCHOOL LIAISON

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FAMILY SUPPORT WORKER

BRITANY FREITAS X112

BFREITAS@OLDCOLONYYMCA.ORG

PROGRAM MANAGER

DEBORAH COSGROVE X106

DCOSGROVE@OLDCOLONYYMCA.ORG

PROGRAM DIRECTOR

OTHER FRC SERVICES

MONTHLY DIAPER PICK UP

Families can pick up Diapers once a month any day of the week. An intake is required for new families picking up diapers.

APPLICATION ASSISTANCE

The Family Resource Center assists individuals and families with completing and submitting RAFT applications by providing guidance, document support, and connections to housing stabilization resources.