

SEPTEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1 FAMILY MOVIE NIGHT 4:30-6PM	2 NURTURING FATHERS 4-6:30PM	3 RAFT WORKSHOP 11AM-3PM	4 PARENT ROUNDTABLE 10-11:30AM	5 CLOSED
6 CLOSED	7 CLOSED FOR LABOR DAY CLOSED	8 PJ 12-1:30PM PUZZLE COMPETITION 4:30-6PM	9 GRG 11-12:30PM NURTURING FATHERS 4-6:30PM	10 PJ 12-1:30PM	11 PARENT ROUNDTABLE 10-11:30AM	12 FRC @ TAUNTON PUBLIC LIBRARY 10-12
13 CLOSED	14 YOUTH GROUP 4-6PM	15 PJ 12-1:30PM FAMILY APPRECIATION NIGHT 4:30-6PM	16 FOOD PANTRY PICKUP NURTURING FATHERS 4-6:30PM	17 FRC CLOSED FOR EVENT CLOSED	18 PARENT ROUNDTABLE 10-11:30AM	19 TAUNTON PEER RECOVERY CENTER BLOCK PARTY 12-4
20 CLOSED	21 YOUTH GROUP 4-6PM	22 PJ 12-1:30PM APPLE ADVENTURE 4:30-6PM	23 GRG 11-12:30PM NURTURING FATHERS 4-6:30PM	24 PJ 12-1:30PM	25 PARENT ROUNDTABLE 10-11:30AM	26 CLOSED
27 CLOSED	28 YOUTH GROUP 4-6PM	29 PJ 12-1:30PM	30 NURTURING FATHERS 4-6:30PM			

CAREGIVER SUPPORT

GRANDPARENTS RAISING GRANDCHILDREN (GRG)

For grandparents & kinship raising children to come together to learn about resources and make social connections. Every second and fourth Wednesdays. Lunch is served. To register contact Britany.

FATHERS SUPPORT GROUP

A welcoming and supportive space for fathers to connect, share experiences, and support one another. To register or for more info contact Gabriel. No group this month; contact Gabriel for next month

PARENT ROUNDTABLE

An opportunity to build skills and connect with others through discussions, self-awareness, activities, and being a parent. Think of it as a weekly self-care in paradise while building a support system. To register contact Sade.

NUTURING FATHERS

13-week group designed to support all parenting men with a focus on developing nurturing behaviors through shared experiences and meaningful conversations.

PARENTING JOURNEY (PJ)

The Parenting Journey program helps parents and caregivers explore how past experiences and current realities shape the way we show up for our kids. This group is a space to grow not just as a parent, but as a person

WHOLE FAMILY

FAMILY FUN NIGHTS

Join us for an exciting Family Fun Night filled with laughter, games, food, and activities for all ages! To register, call our main line at (774) 501-2633.

YOUTH PROGRAMS

YOUTH GROUP

This is a safe and supportive space where youth ages 12-16 can hang out, talk about real-life stuff, play games, do activities, and make new friends. To register contact Rania.

MONTHLY FOOD PANTRY

WED. SEPT. 16TH

**YOU MUST REGISTER BY
MON. SEPT. 14TH**

**THE FRC WILL BE CLOSED ON MONDAY SEPTEMBER 7TH,
AND THURSDAY SEPTEMBER 17TH.**



SCAN ME

**PLEASE NOTE THAT THE OFFICE IS CLOSED BETWEEN
1-3PM FOR STAFF MEETING ON MONDAYS**

**TAUNTON FAMILY RESOURCE CENTER
37 MAIN ST. TAUNTON 774-501-2633**

HOURS OF OPERATION

**MONDAY-FRIDAY 9-5
WITH EVENING EVENTS EVERY
MONDAY, TUESDAY &
WEDNESDAY**

FRC STAFF CONTACTS

DONNA FOSTER X101

DFOSTER@OLDCOLONYYMCA.ORG
ENGAGEMENT AMBASSADOR

SADE SINOUS X105

SSINOUS@OLDCOLONYYMCA.ORG
CLINICIAN

RANIA LOBO X104

RLOBO@OLDCOLONYYMCA.ORG
FAMILY PARTNER

CINDY ANGERVIL X107

CANGERVIL@OLDCOLONYYMCA.ORG
FAMILY SUPPORT WORKER

GABRIEL PEREZ X108

GPerez@OLDCOLONYYMCA.ORG
SCHOOL LIAISON

JACKIE OAKES X111

JOAKES@OLDCOLONYYMCA.ORG
FAMILY SUPPORT WORKER

BRITANY FREITAS X112

BFREITAS@OLDCOLONYYMCA.ORG
PROGRAM MANAGER

DEBORAH COSGROVE X106

DCOSGROVE@OLDCOLONYYMCA.ORG
PROGRAM DIRECTOR

OTHER FRC SERVICES

MONTHLY DIAPER PICK UP

Families can pick up Diapers once a month any day of the week. An intake is required for new families picking up diapers.

APPLICATION ASSISTANCE

The Family Resource Center assists individuals and families with completing and submitting RAFT applications by providing guidance, document support, and connections to housing stabilization resources.