

GYMNASTICS CENTER BIRTHDAY PARTIES

GYMNASTICS, SUPERHERO, NINJA WARRIOR

INCLUDED IN YOUR PARTY

- 1 hour of activity, 45 minutes in the party room
 - Access to the party room 15 minutes prior to party for set-up
 - Fridge and Freezer if needed
 - Party facilitator(s) for the whole duration of the party
 - Maximum for Gymnastics- 15 children.
- All payments are due at time of booking.
- A fee of \$5 will be charged for each child above the maximums

TO BOOK A PARTY CALL Skyeler McNeil 508-947-1390 ext 2136
Smcneil@oldcolonyymca.org

OLD COLONY YMCA
—MIDDLEBORO BRANCH

61 E. Grove St., Middleboro |
508-947-1390

CONTACTS

Christina Fedele | Gymnastics Coordinator
CFedele@oldcolonyymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASTICS



FALL SESSION

September 8th to October 30th

Online registration now available!

OLD COLONY YMCA

WELCOME!

The Old Colony Y Middleboro Branch Gymnastics Center offers preschool, youth, adult, and teen programs. The Gymnastics Center has all four Olympic gymnastics apparatus which include bars, beam, floor and TAC/10 vaulting table. We also provide preschool equipment, tumbling aids, stations and much more for all to enjoy! If you're looking for more than recreational gymnastics, our equipment and knowledgeable coaching staff will allow for a competitive and successful gymnastics experience. Join in and enrich the spirit, mind and body with gymnastics!

PRESCHOOL GYMNASTICS CLASSES

Classes run in 2 month blocks throughout the school year
Sept/Oct, Nov/Dec, Jan/Feb, Mar/Apr, May/June

Price*: \$118 Members || \$236 Non-members per 2mo.
Unless otherwise noted

ME & MY TUMBLER (1-3 YRS)

PARENT AND CHILD CLASS

(30 MINS.)

Tuesdays	9:45am
Fridays	9:45am
Sundays	9:00am

\$98 Members || \$196 Non-members

****Open play class not structured.

RIISING STARS (4-6 YRS) **

INTERMEDIATE ***INVITE ONLY***

Thursday	12:30pm
Friday	12:30pm



TUMBLE WEEDS (3-4 YRS)(45 MINS.)

Tuesdays	10:30am
Thursdays	9:30am
Thursdays	10:30am ELC Only
Fridays	10:30am
Sunday	9:30am
Sunday	10:30am

TINY TUMBLERS (4-5 YRS)(45 MINS.)

Tuesday	11:30am
Thursdays	11:30am ELC Only
Fridays	11:30am
Sunday	11:30am
Sunday	12:30pm

* ELC is for students enrolled in our Early Learning Center.

*Classes may be added or removed based on enrollments and class size

YOUTH GYMNASTICS CLASSES:

Classes run in 2 month blocks throughout the school year
Sept/Oct, Nov/Dec, Jan/Feb, Mar/Apr, May/June

Price*: \$118 Members || \$236 Non-members per 2mo.
Unless otherwise noted

All children under the age of 12 must be accompanied by an adult to and from gymnastics class An adult must also remain available for bathroom breaks as needed.

ROLLERS (5-8YRS)(45 MINS.)

Tuesdays	5:00pm
Tuesday	6:00pm
Thursdays	4:15pm
Saturdays	9:00am

ROLLERS ADVANCED (5-8YRS)(45 MINS.)

****INVITE ONLY**

Saturday	11:00am
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SWINGERS (8-12YRS)(45 MINS.)

Tuesdays	4:15pm
Thursdays	5:00pm
Saturday	10:00am

KIPPERS (8-12YRS)(45 MINS.)

****INVITE ONLY ADVANCED**

Thursdays	6:00pm (Advanced)
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HOT SHOTS (4-8YRS)

****INVITE ONLY ADVANCED**

SATURDAY	12:00-1:30PM
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\$155 Members || \$310 Non-members

GYMNASTICS – NINJA STYLE TRAINING(45 MINS.)

Saturday	9:00am	(Ages 5-7)
Saturday	10:00am	(Ages 8-12)

OPEN GYMNASTICS

Open Gym is for athletes who wish to use the facility to practice skills, routines, tumbling, training, etc. This unstructured time will be supervised by a qualified staff member who will spot, correct and encourage athletes as needed.

Ages 6+

Saturdays - 1:30-2:30pm

Ages 16+

Tuesdays - 8-9pm

Price (Drop in Fee):

\$5 Gymnastic Team Members

\$10 Members

\$15 Non-Members

PRIVATE GYMNASTICS LESSONS

Call or email our Coordinator for more information or to schedule.

Price

1 hr.—\$60

1/2 hr.—\$40

Small group lessons of 2-5 students
\$35 per person