

May 2024



Taunton Family Resource Center 37 Main Street, Taunton, MA 774-501-2633

NEW Hours of Operation: Monday & Tuesday 8-6, Wednesday through Friday 8-5

Saturday: appointment or event only. (Sat 5/4 and 5/18) Find us on Facebook at www.facebook.com/FRCTaunton

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1. True Course 4pm-5pm	2. Parenting Journey I 5:30pm-7:30pm	3. Haitian Creole/ English Language Practice 11 am-12:30pm and 3:30pm-5pm	4. Mother's Day Breakfast and Blooms 9-11am Register by 5/1
6. Young Parents Group 9-10am Children's Arts & Crafts 3-5 years old 10 — 11am LGBTQIA+ Teen Group 4-5pm	7. Haitian Creole/ English Language Practice 11 am-12:30pm and 3:30pm-5pm	8. Grandparents Raising Grandchildren 11am – 12:30pm True Course 4-5pm Well-being Teens 6:30-7:30pm Well-being Adults 7:30-8:30pm	9. Parenting in America 11am-1pm Parenting Journey I 5:30pm — 7:30pm	10. Haitian Creole/ English Language Practice 11 am-12:30pm and 3:30pm-5pm	11. Closed
13. Young Parents Group 9-10am Children's Arts & Crafts 3-5 years old 10 — 11am LGBTQIA+ Teen Group 4-5pm	14. Haitian Creole/ English Language Practice 11am-12:30pm and 3:30pm-5pm	15. Pop Up Pantry Day Register by 5/10 True Course 4-5pm	16. Parenting in America 11am-1pm Parenting Journey I 5:30pm – 7:30pm	17. Haitian Creole/ English Language Practice 11 am-12:30pm and 3:30pm-5pm	18. Haitian Flag Day Celebration 12-2pm Register by 5/13
20. Young Parents Group 9-10am Children's Arts & Crafts 3-5 years old 10 – 11am LGBTQIA+ Teen Group 4-5pm	21. Haitian Creole/ English Language Practice 11am-12:30pm and 3:30pm-5pm	22. Grandparents Raising Grandchildren 11am — 12:30pm True Course 4-5pm Well-being Teens 6:30-7:30pm Well-being Adults 7:30-8:30pm	23. Parenting in America 11am-1pm Parenting Journey I 5:30 - 7:30pm	24. Haitian Creole/ English Language Practice 11 am-12:30pm and 3:30pm-5pm	25. Closed
27. Closed in observation of Memorial Day	28. Haitian Creole/ English Language Practice 11am-12:30pm and 3:30pm-5pm Diaper Pick Up Register by 5/20	29. True Course 4pm-5pm	30. Parenting in America 11 am-1pm Parenting Journey I 5:30 - 7:30pm	31. Haitian Creole/ English Language Practice 11am-12:30pm and 3:30pm-5pm	

<u>Children's Arts & Crafts (In-Person):</u> Ages 3-5, siblings welcome. Weekly arts and crafts activities for young children and their parents to meet and socialize in the community while building new connections. To participate, contact Sara <u>struitt@oldcolonyymca.org</u>

<u>Diaper Pick-Up (In-Person)</u>: Register by 5/20 Pre-registration and intake required. Come pick up diapers for your babies on this day only. Limit 1 pack per child. Caregivers must register each month. Happens every 4th Monday of the month or the day after a Monday holiday. No late registrations accepted. Caregiver pick up only. To register, contact Donna <u>dfoster@oldcolonyymca.org</u>

<u>Grandparents Raising Grandchildren (In-Person):</u> For grandparents raising grandchildren. A general support group for Grandparents to come together to learn about resources and make social connections. Every second and fourth Wednesdays. Lunch is served. To participate, contact Sara struitt@oldcolonyymca.org

<u>Haitian Creole/English Language Practice (In-Person):</u> Adults Only; Build English language conversational skills. Contact Cindy to register: cangervil@oldcolonyymca.org</u>

<u>Haitian Flag Day Celebration (In-Person):</u> Join us for lunch, activities and music as we celebrate Haitian Flag Day. Questions? Contact Cindy: <u>cangervil@oldcolonyymca.org</u>

LGBTQIA+ Teen Group (In-Person): Ages 11-15. A social group for youth who identify as part of the LGBTQIA+ community or questioning. It is a safe space to meet with other youth in. There will be fun social activities and an inclusive sex education and gender curriculum. Light refreshments will be served. Registration required by contacting Bella: idesousa@oldcolonyymca.org

<u>Mother's Day Breakfast and Blooms:</u> Register by 5/1 Fun for the whole family. Stop by for breakfast and crafts for the little ones to gift to their moms. Registration required. Contact Bella to register: idesousa@oldcolonyymca.org

<u>Parenting in America (In-Person):</u> Register by 5/3 A class to help parents obtain the necessary responses and changes as they adjust to a new culture while still honoring their cultural identity. Taught in Haitian Creole. Contact Cindy to register: cangervil@oldcolonyymca.org

<u>Parenting Journey I (In-Person)</u>: For parents only. This 12-session, introductory curriculum is designed to help parents increase their self-care practices, raise awareness of past and present factors that influence their parenting styles, enhance their parenting skills, and utilize their strengths to support their children and to build nurturing family relationships. The Parenting Journey program model focuses on adult development and the emotional understanding of what it means to be a parent, thus filling a void created by traditional parenting classes. To participate, contact Anne aferioli@oldcolonyymca.org

<u>Pop-Up Food Pantry (In-Person):</u> Register by 5/10 Meal care packages will be available for pick-up monthly at the FRC. Participants must <u>register every month</u> to receive care packages. To register, contact Donna <u>dfoster@oldcolonyymca.org</u>

<u>Irue Course (In-Person):</u> Ages 12-14. True Course is an outdoor-based program that works with at-risk youth who need an alternative approach to getting back on track. True Course is a 10-12 month program that provides: Intensive Case Management, Mentoring, and Experiential Learning. True Course uses the outdoors as our catalyst for positive change. To apply, contact <u>508-995-6400 ext. 3611</u> or <u>TrueCourse@bcso-ma.org</u>

<u>Well-being Wednesdays (TEENS or ADULTS)</u> In this one hour workshop the concept of self-care will be explored and skills and tools to manage stress and enhance your well-being will be provided. All workshop materials are included and light snacks will be provided. To participate, contact Lynn Bagdasian, PCC, CPC, ELI-MP at lbagdasian@gmail.com and Patti Jo Doherty pattijodoherty@gmail.com

Young Parents Group (In-Person): Ages 16-22 For young parents or expecting parents to come and socialize with their children and other young parents and learn about available resources. Light refreshments will be served. To participate contact Bella: idesousa@oldcolonyymca.org

Want to learn more about Resource Centers? Scan our QR code!