

**September 2022      Family Resource Center**  
**37 Main Street, Taunton, MA    (P) 774-501-2633**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Please see key on the back for group/event information and how to register. <u>All groups are in-person unless noted otherwise.</u></b></p>			<p align="center">1. Back to School Family Paint Night 3pm – 5pm</p>	<p align="center">2. Computer Center &amp; Housing Application Assistance 12pm – 5pm</p>	<p align="center">3. FRC Tour &amp; Resource Day <i>*by appointment only*</i> 11 am – 1pm</p>
<p align="center"><b>5.</b> <b><u>Closed for Labor Day</u></b></p>	<p align="center">6. Nurturing Fathers 5:30pm – 7:30pm</p>	<p align="center">7. Grief Support Group 5pm – 6:30pm</p>	<p align="center">8. Parenting Journey I 5:30pm – 7:30pm</p>	<p align="center">9. FRC Back to School Bash! 3pm – 5pm</p>	<p align="center"><b>10.</b> <b><u>Closed</u></b></p>
<p align="center">12. Parenting Journey II 5:30pm – 7:30pm</p>	<p align="center">13. Nurturing Fathers 5:30pm – 7:30pm</p>	<p align="center">14. Grandparents Raising Grandchildren 11 am – 12:30pm</p>	<p align="center">15. Resume Writing &amp; Cover Letter Workshop 2pm – 5pm</p>	<p align="center">16. Make Your Own Play-Doh Party 3pm – 5pm</p>	<p align="center">17. IEP Workshop – Helpful Hints For Your Child's IEP Meeting 11 am – 1pm</p>
<p align="center">19. <b><u>Talk Like a Pirate Day</u></b> Parenting Journey II 5:30pm – 7:30pm</p>	<p align="center">20. Nurturing Fathers 5:30pm – 7:30pm</p>	<p align="center">21. Pop-Up Pantry Day <i>*call by 9/20/22 to register*</i>  Fostering Teens MA Road Show 4pm – 6pm</p>	<p align="center">22. <b><u>Autumnal Equinox</u></b>  Talk Saves Lives: An Introduction Into Suicide Prevention 6pm – 7:30pm</p>	<p align="center">23. Family Movie Night 5pm – 7pm</p>	<p align="center"><b>24.</b> <b><u>Closed</u></b></p>
<p align="center">26. Parenting Journey II 5:30pm – 7:30pm</p>	<p align="center">27. Nurturing Fathers 5:30pm – 7:30pm</p>	<p align="center">28. Grandparents Raising Grandchildren 11 am – 12:30pm  Family &amp; Community Advisory Board 6pm – 7pm</p>	<p align="center">29. Job Interviewing Skills 101 3pm – 5pm</p>	<p align="center">30. Coffee, Tea &amp; The FRC! 10am – 12pm</p>	<p align="center"><i>*Effective July 1<sup>st</sup>, 2022, masks are now optional for use in the Taunton/Attleboro Family Resource Center. Families who feel more comfortable wearing masks can continue to do so.*</i></p>

**Hours of Operation:** Monday through Friday: 9am-5pm, Saturday: appointment or event only (Saturday 9/3 and 9/17)

[Find us on Facebook at www.facebook.com/FRCTaunton](https://www.facebook.com/FRCTaunton)

**Back to School Family Paint Night (In-Person): All ages welcome.** Supplies will be provided to paint a seasonal masterpiece! To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**Computer Center & Housing Application Assistance (In-Person): Ages 18 +.** Meet with our Family Support Workers to discuss housing needs and for support with applying for housing & rent resources. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**FRC Tour & Resource Day (In-Person): Families welcome.** Meet with the FRC's Program Director Erin Kelley-Green to take a tour of our beautiful agency and learn more about what we can offer to members of our community. To participate, contact Erin [ekelleygreen@oldcolonyymca.org](mailto:ekelleygreen@oldcolonyymca.org)

**Nurturing Fathers Program (In-Person): Fathers only.** A 13-week parenting course that brings together men from all family circumstances to explore what it takes to be their child's nurturer and teacher. To register, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**Navigating Grief and Loss Support Group (In-Person): Ages 21+.** A monthly support group to provide adults with strategies and coping mechanisms when faced with tragedy and unexpected loss. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**Parenting Journey I (In-Person): Parents only.** This 12-session, introductory curriculum is designed to help parents increase their self-care practices, raise awareness of past and present factors that influence their parenting styles, enhance their parenting skills, and utilize their strengths to support their children and to build nurturing family relationships. The Parenting Journey program model focuses on adult development and the emotional understanding of what it means to be a parent, thus filling a void created by traditional parenting classes. To participate, contact Anne [aferioli@oldcolonyymca.org](mailto:aferioli@oldcolonyymca.org)

**FRC Back to School Bash! (In-Person): All ages welcome.** Come celebrate the new school year and transition to autumn with the FRC staff. Music, dancing and conversation! Refreshments will be served. To register, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**Parenting Journey II (In-Person): Parents only.** Designed for those looking to further enhance key learnings from Parenting Journey I, this program provides an opportunity for parents and caregivers to build upon their current reality to create a positive and productive future for the entire family. This curriculum focuses on identifying and breaking free of negative behaviors, goal-setting – personal and as a family – and making plans for their family's future. To participate, contact Anne [aferioli@oldcolonyymca.org](mailto:aferioli@oldcolonyymca.org)

**Grandparents Raising Grandchildren (In-Person): Grandparents raising grandchildren only.** A general support group for Grandparents to come together to learn about resources and make social connections. To participate, contact Anne [aferioli@oldcolonyymca.org](mailto:aferioli@oldcolonyymca.org)

**Resume Writing & Cover Letter Workshop (In-Person): Ages 16+.** Learn tips and tricks to stand out to employers on paper. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**Make Your Own Play-Doh Party (In-Person): Ages 4 +.** In honor of National Play-Doh Day, we will be mixing and making our own personalized, home-made play-doh. Come by, have fun, and get messy! To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**IEP Workshop – Getting Organized For Your Child's IEP Meeting (In-Person): Parents only.** A workshop facilitated by our School Liaison focused on what to expect in an actual IEP meeting and how to best prepare and organize necessary materials. To participate, contact Anne [aferioli@oldcolonyymca.org](mailto:aferioli@oldcolonyymca.org)

**Pop-Up Food Pantry (In-Person):** Meal care packages will be available for pick-up monthly at the FRC. Participants must register every month to receive care packages. To register, contact Donna [dfoster@oldcolonyymca.org](mailto:dfoster@oldcolonyymca.org) by 9/20/22.

**Fostering Teens MA Presents "The Road Show" with Taunton FRC (In-Person):** Come in and learn about foster parenting and adopting from foster care. Please join us for an engaging discussion or gathering information at a drop-by table. To RSVP, contact Ilda Coelho-Turner at [ilda.coelho-turner@mass.gov](mailto:ilda.coelho-turner@mass.gov) or 508-894-3844.

**Talk Saves Lives: An Introduction Into Suicide Prevention (In-Person):** A community-based presentation that covers the general scope of suicide, the research of prevention, and what people can do to fight suicide. To participate, e-mail Erin [ekelleygreen@oldcolonyymca.org](mailto:ekelleygreen@oldcolonyymca.org)

**FRC Movie Night (In-Person): Ages 6 +.** This month, we will be watching *Encanto*. Pizza and refreshments will be served. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**Family & Community Advisory Board (In-Person):** Join the FRC and Taunton YMCA teams as we launch Y-Ability! Have your voice heard to implement inclusive programs at the FRC and Taunton YMCA. To participate, contact Erin [ekelleygreen@oldcolonyymca.org](mailto:ekelleygreen@oldcolonyymca.org)

**Job Interview Skills 101 (In-Person): For ages 16 +.** You've submitted your resume and you received a call back – now it's time to prep for the big interview! To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto:jbibeau@oldcolonyymca.org)

**Coffee, Tea, & the FRC! (In-Person): Adults only.** Join us for coffee and conversation. Meet new people and create new connections. To participate, contact Erin [ekelleygreen@oldcolonyymca.org](mailto:ekelleygreen@oldcolonyymca.org)

Want to learn  
more about  
Family Resource  
Centers? Scan  
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