



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**Old Colony YMCA 2019-2020 Registration (ages 5-12) MARSHFIELD
MA Department of Early Education and Care licensed (EEC)**

Before School: Fee \$10.00 per child: Program opens at 7AM until school begins, Monday through Friday. Children are offered a healthy HEPA breakfast and have a choice of age and developmentally appropriate activities to participate in as they prepare for their school day.

The Old Colony YMCA has adopted the following HEPA Standards:

- Water is our beverage of choice • No sugar sweetened drinks • Fruit or vegetable at every meal or snack
- Whole grains • Limited screen time • 0 grams of trans fat • 30 minutes of moderate PA a day, and 20 minutes of vigorous activity 3 times a week • Parent education to encourage healthy behaviors at home

We encourage parents to follow HEPA Standards when sending in food with your children.

A separate registration form for each child needs to be completed, along with a non-refundable \$30 fee per child. A MA Department of Early Education & Care registration packet will be sent once your registration is processed. This packet must be submitted at least a 2 weeks prior to attending the program for review and processing. No child will be permitted without a completed enrollment packet. Financial assistance may be available for qualifying families. Contact our office for more information at 508-833-4796.



-----COMPLETE, DETACH AND MAIL \$30.00 REGISTRATION FEE-----
(PLEASE PRINT LEGIBLY)

CHILD'S NAME _____ DOB ____/____/_____
CHILD'S SCHOOL _____ GRADE IN FALL _____ MALE/FEMALE
PARENT/GUARDIAN _____ DOB ____/____/_____
ADDRESS _____ TOWN _____ ZIP _____
HOME PHONE _____ CELL _____ WORK _____
EMAIL ADDRESS _____

FIRST DAY CHILD STARTS PROGRAM, BILLING STARTS ____/____/____ (will not process unless specified)

7AM-SCHOOL START: \$10.00/MORNING M T W TH F

RETURN FORM AND FEE TO: OLD COLONY YMCA (CBCC), 200 HEDGES POND ROAD, PLYMOUTH MA, 02360 (Attn: Robert Burton) or EMAIL CONTACT: rburton@oldcolonyymca.org