

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Old Colony YMCA 2018–2019 Registration (ages 5–12) MARSHFIELD MA Department of Early Education and Care licensed (EEC)

<u>Before School: Fee \$9.00 per child:</u> Program opens at 7AM until school begins, Monday through Friday. Children are offered a healthy breakfast following our HEPA (Healthy Eating and Physical Activity) standards, and participate in activities that prepare them for their school day.

The Old Colony YMCA has adopted the following HEPA Standards:

Water is our beverage of choice • No sugar sweetened drinks • Fruit or vegetable at every meal or snack
Whole grains • Limited screen time • O grams of trans fat • 30 minutes of moderate PA a day, and 20 minutes of vigorous activity 3 times a week • Parent education to encourage healthy behaviors at home
We encourage parents to follow HEPA Standards when sending in food with your children.

A separate registration form for each child needs to be completed. Return with a non-refundable \$30.00 fee per child.

A MA Department of Early Education registration packet will be sent once your registration is processed. This packet must be filled out at the beginning of each school year and your child will not be permitted to the program unless completed. Please note any allergies or any special concerns so that we might better serve your child. Financial assistance for qualifying families is available.

	-COMPLETE, DETACH AND MAIL \$ (PLEASE PRIN)		TRATION	I FEE-			
CHILD'S NAME			DC)B	/_	/	
CHILD'S SCHOOL		GRADE IN FALL				MALE/FEM	1ALE
PARENT/GUARDIAN_			DOB_		/	/	
ADDRESS		TOWN_				ZIP	
HOME PHONE	CELL	WORK					
EMAIL ADDRESS							
FIRST DAY CHILD STA	ARTS PROGRAM, BILLING STARTS	/	/	(w	ill not pr	ocess unless spe	cified)
7AM-SCHOOL START	: \$9.00/MORNING	м т	W	TH	F		

RETURN FORM AT Y PROGRAM OR MAIL FORM AND FEE TO: OLD COLONY YMCA (CBCC),

200 HEDGES POND ROAD, PLYMOUTH MA, 02360

EMAIL CONTACT: rburton@oldcolonyymca.orq