



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**Old Colony YMCA 2018-2019 Registration (ages 5-12) Pembroke Program
MA Department of Early Education and Care licensed (EEC)**

Before School: Fee \$9.00 per child: Program opens at 7AM until school begins, Monday through Friday. Children are offered a healthy breakfast following our HEPA (Healthy Eating and Physical Activity) standards, and participate in activities that prepare them for their school day.

After School: Fee \$19.00 per child: School dismissal until 6PM. A healthy HEPA snack is provided, Y Chat, homework time, Developmental Asset based choice curriculum, STEM, literacy, physical activity, creative outlets and more.

Early Release: Fee: No fee if it is a regularly scheduled day: Early dismissal time until 6PM with special curriculum planned. A healthy HEPA snack is provided in the afternoon, lunch must be packed for the child. Care cannot be guaranteed unless it is a regularly scheduled day for your child. **The fee is \$19 to add the day to your child's regularly scheduled days with prior approval from the director.**

School Vacation / Summer Camp: Fee \$45 per day, per child: Open from 7AM until 6PM, excluding any holidays. Parent drop off and pick up. A separate registration is needed.

The Old Colony YMCA has adopted the following HEPA Standards:

- Water is our beverage of choice
- No sugar sweetened drinks
- Fruit or vegetable at every meal or snack
- Whole grains
- Limited screen time
- 0 grams of trans fat
- 30 minutes of moderate PA a day, and 20 minutes of vigorous activity 3 times a week
- Parent education to encourage healthy behaviors at home

We encourage parents to follow HEPA Standards when sending in food with your children.

A separate registration form for each child needs to be completed.

Return with a non-refundable \$30 fee per child.

A MA Department of Early Education registration packet will be sent once your registration is processed.

This packet must be completed and returned one week prior to your child being allowed to attend the program.

This packet must be reviewed prior to your child attending the program. Please note any allergies or any special concerns so that we might better serve your child and complete the additional paperwork needed.

Financial assistance for qualifying families is available.

-----COMPLETE, DETACH AND MAIL \$30 REGISTRATION FEE-----

(PLEASE PRINT LEGIBLY)

CHILD'S NAME _____ DOB ____/____/____

CHILD'S SCHOOL _____ GRADE IN FALL _____ MALE/FEMALE

PARENT/GUARDIAN _____ DOB ____/____/____

ADDRESS _____ TOWN _____ ZIP _____

HOME PHONE _____ CELL _____ WORK _____

EMAIL ADDRESS _____

FIRST DAY CHILD STARTS PROGRAM, BILLING STARTS ____/____/____ (will not process unless specified)

7AM-SCHOOL START: \$9.00/MORNING M T W TH F

DISMISSAL-6PM: \$19/AFTERNOON M T W TH F

DROP FORM AND FEE AT Y PROGRAM OR MAIL FORM AND FEE TO: OLD COLONY YMCA (CBCC), 200 HEDGES POND ROAD, PLYMOUTH MA, 02360

*Additional information will be sent upon receipt via email to complete the registration process

EMAIL CONTACT: svillanueva@oldcolonyymca.org