

GIVE TODAY!

MY COMMITMENT

- \$35 \$70 \$180 \$360
- Other \$ _____

Make a secure donation online anytime:
<http://www.oldcolonymca.org/main/giving/>

Name _____

Address _____

Town _____ State _____ Zip _____

Phone _____

Email _____

PAYMENT METHOD

- Check (enclosed payable to Old Colony Y)
- Please bill me
- Credit Card (Visa or Mastercard)

Number _____

Expiration Date _____ Cardholder Name _____

Signature _____ Date _____

OPTIONAL

- My gift is
- in Honor of: _____
 - in Memory of: _____

OLD COLONY YMCA
 Stoughton Branch
 445 Central Street, Stoughton, MA 02072



Due to some difficult family circumstances, our nieces and nephews came into our care. My wife and I, along with our two children were happy to welcome them into our family. However, as our family more than doubled in size, we were faced with juggling the many needs of providing for a large family – including finding cost efficient ways to spend time for a variety of ages.

We are so grateful to have found the Y during this challenging time! We received financial assistance and have found activities for all of us to participate in. We use the pool, basketball courts, walking track and more.

The Y has been an important place for us to get out of the house, have a change of pace, and to stay active. We are truly thankful for the Y and all it has offered for our family.

With thanks,
 Michael



Financial assistance keeps the Y available for kids and families who need us most. We count on the generosity of our members and community to help people of all ages and from all walks of life be more healthy, confident, connected and secure. When you give to the Y, your gift will have a meaningful, enduring impact right in your own neighborhood.

Old Colony YMCA - Stoughton Branch
 445 Central Street
 Stoughton, MA 02072
 781-341-2016
www.oldcolonymca.org



Make a gift today!
STOUGHTON BRANCH
 Visit www.oldcolonymca.org



FOR YOUTH DEVELOPMENT
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

**TURN
 YOUR
 GIFT
 INTO...**





THEIR POTENTIAL

Because we believe that all kids deserve the opportunity to discover who they are and what they can achieve, the Y is for Youth Development. Through the Y, millions of youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement. Y activities give our children the opportunity to become confident kids today and healthier, happier grown-ups tomorrow.

THEIR HEALTH

Improving the nation's health and well-being is a priority for the Y. At the Y, we help children and adults understand and value their health, and we nurture their well-being. We offer resources and guidance to maintain or improve physical activity, health and wellness. The Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body.



STRONG KIDS CAMPAIGN

Stoughton Branch

THEIR FUTURE

At the Y, strengthening community is our cause. The Y has been listening and responding to our communities' most critical needs for 160 years. Whether developing skills or emotional well-being, welcoming and connecting diverse populations or advocating for healthier communities, the Y fosters the care and respect all people need and deserve.

Across America, our staff and volunteers are kids, parents, grandparents, neighbors and local leaders who are all personally committed to understanding what our neighborhoods need. Together we can build stronger, more inclusive communities, provide support for families and promote positive change overall.



SUPPORT THE Y STRENGTHEN YOUR COMMUNITY

The Y uses your gift to make a meaningful, enduring impact right in your own neighborhood.

- \$70.00** a child can take swim lessons and [learn to swim](#) safely.
- \$140.00** a single parent can receive one week of [after school care](#) for two children.
- \$360.00** a teen can [join the Y](#) and stay active participating in Y programs for one year.
- \$440.00** a child can gain new skills and confidence at 2 weeks of [YMCA Camp](#).

To become a part of something great or to make a gift, visit www.oldcolonyymca.org or call 781-341-2016.