



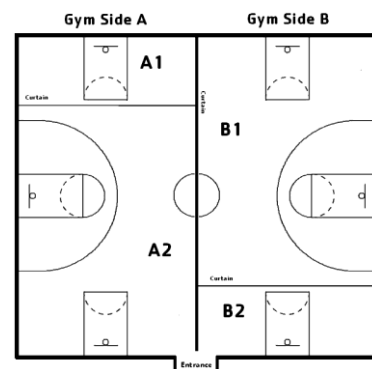
FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## OLD COLONY YMCA – STOUGHTON BRANCH GYMNASIUM SCHEDULE – SIDE A EFFECTIVE FEBRUARY 1, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-12pm Reserved Men's Leagues	5am-9am Adult B-Ball	5am-9am OPEN	5am-9am Adult B-Ball	5am-9am OPEN	5am-9am Adult B-Ball	7am-9am OPEN
12pm – 1pm OPEN	9am-4pm OPEN (1)Child Care (2)Families	9am-4pm OPEN (1)Child Care (2)Families	9am-4:30pm OPEN (1)Child Care (2)Families	9am-4pm OPEN (1)Child Care (2)Families	9am-4pm OPEN (1)Child Care (2)Families	9am-12pm Reserved YBL Games
1pm-4:30pm Reserved *Birthdays (Check Schedule)	4pm-7pm Reserved YBL Practice	4pm-5pm Youth B-Ball	4:30-7pm Reserved for YBL Practice	4pm-5pm Youth B-Ball	4pm-5pm Youth B-Ball	12pm – 1pm Teen B-Ball
4:30-6pm Teen B-Ball	7pm-9pm Reserved Women's Leagues	5pm-6:30pm Teen B-Ball	7:00-9pm Reserved Teen League (2/15-4/18)	5pm-5:45pm Teen B-Ball	5pm-6pm Teen B-Ball	1pm-4:30pm Reserved *Birthdays (Check Schedule)
6-7pm Youth B-Ball	9pm-10pm Adult B-Ball	6:30-10pm Reserved Adult Volleyball	9pm-10pm Adult B-Ball	5:30-10pm Reserved Men's Leagues	6pm-8:30pm *OPEN (Check Schedule)	3:30-7pm Reserved Travel B-Ball (Check Schedule)

### COURT USAGE

Youth B-Ball: Full Court Reserved for members age 10-13  
 Teen B-Ball: Full Court Reserved for members age 14-18  
 Adult B-Ball: Full Court Reserved for members age 18+  
 Free Shoot: Individual Baskets Available, No Full Court Basketball  
 Prime Time: Staff members facilitate games for youth and teens



The court schedule is subject to change.

Please contact the welcome center to check court availability.

If you have any questions or would like more information on the gymnasium please contact  
 Joe Leaver, x283 or [jleaver@oldcolonymca.org](mailto:jleaver@oldcolonymca.org)

### OLD COLONY YMCA – STOUGHTON BRANCH

445 Central Street Stoughton MA 02072  
 P 781 341 2016 [www.oldcolonymca.org](http://www.oldcolonymca.org)



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## OLD COLONY YMCA – STOUGHTON BRANCH GYMNASIUM SCHEDULE – SIDE B EFFECTIVE FEBRUARY 1, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-12pm Reserved Men's Leagues	5am-9am Adult B-Ball	5am-9am OPEN	5am-9am Adult B-Ball	5am-9am OPEN	5am-9am Adult B-Ball	7am-9am OPEN
12pm – 1pm OPEN Free Shoot	9am-4pm OPEN Free Shoot	9am-4pm OPEN Free Shoot	9am-4:30pm OPEN Free Shoot	9am-4pm OPEN Free Shoot	9am-4pm OPEN Free Shoot	9am-12pm Reserved YBL Games
1pm-4:30pm OPEN Free Shoot	4pm-5:30pm OPEN Free Shoot	4pm-5:30pm OPEN Free Shoot	4:30-5:30pm OPEN Free Shoot	4pm-5pm OPEN Free Shoot	4pm-5pm OPEN Free Shoot	12pm – 1pm OPEN Free Shoot
4:30-6pm OPEN Free Shoot	5:30-8pm Prime Time	5:30pm-8pm Prime Time	5:30-8pm Prime Time	5pm-6:30pm OPEN Free Shoot	5pm-6pm OPEN Free Shoot	1pm-4:30pm OPEN Free Shoot
6-7pm Adult B-Ball	8pm-10pm OPEN Free Shoot	8-10pm Adult B-Ball	8pm-10pm Adult B-Ball	6:30-10pm Reserved Men's Leagues	6pm-8:30pm *OPEN (Check Schedule)	3:30-7pm Reserved Travel BBall (Check Schedule)

### GYMNASIUM RULES

- All members using the gymnasium should exemplify the YMCA's 4 Core Values of caring, honesty, respect and responsibility.
- Children under the **age of 10** must be supervised by parent or guardian at all times, a section is reserved for **children under the age of 10 with an adult** at scheduled times
- Inappropriate Language will NOT be Tolerated!** Anyone using foul language will be asked to leave the gymnasium and is subject to having their membership suspended.
- NO FOOD or DRINK (except water)** is allowed in the Gymnasium
- Non-scuff sneakers must be worn at all times in gym.
- Shirts must be worn at all times
- Hanging on basketball rims, nets, or backboards is not permitted
- Only basketball should be played in gym. All other sports are prohibited unless permission is granted from professional staff. All gym equipment is for class use only (except basketballs and nets)
- Premium Basketballs are available for checkout at the front desk of the center.
- Full Court Pickup Basketball is restricted to one side of the Gymnasium unless otherwise scheduled
- All gym times and availability are subject to change

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